

GROUP CLASS SCHEDULE



TERM 4 2024 - 30TH SEPT - 13TH DECEMBER (11 WEEKS)

Time	Monday	Tuesday	Thursday	Friday	Saturday
7.00am - 8.00am					Mums & Dads Maroochydore
9.30am - 10.30am	Mums Group Class Maroochydore	Mums Group Class Buderim	Mums Group Class Maroochydore	Mums Group Class Buderim	

***Mums Group Class Buderim** - Held at **3 Syd Lingard Drive, Buderim** - Buderim Lions Park - Mums and bubs / kids welcome to join the class.

***Mums Group Class Maroochydore** - Held at **Lions Playground, Fishermans Road, Maroochydore**. Mums and bubs / kids welcome to join the class.

***Mums & Dads Group** - Held at **Lions Playground, Fishermans Road, Maroochydore**. This is to take your training to the next level over an 10 week block.*